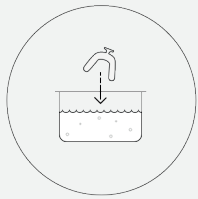
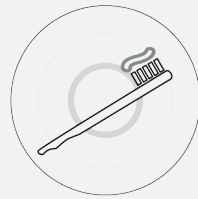


Instructions

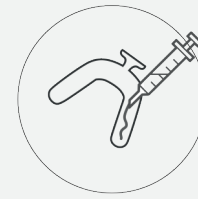
WHITENING SYSTEM



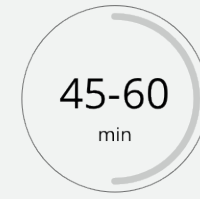
Dip the tray in hot water for 2-4 seconds and then gently bite into it to mould it to your teeth.



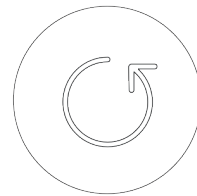
Brush your teeth thoroughly.



Apply the teeth whitening gel to the mouth tray.



Put it in your mouth and leave it for 45-60 minutes.



Repeat daily until you achieve the desired result. This can take anything from 4 days to 2 weeks.